

making a TV dinner



peel off plastic



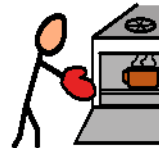
get a cookie sheet and
put the dinner on it



set the oven to 350



CAREFULLY put the dinner
in the oven



wait for it to cook



when done take out the cookie sheet
using pot holders very carefully



