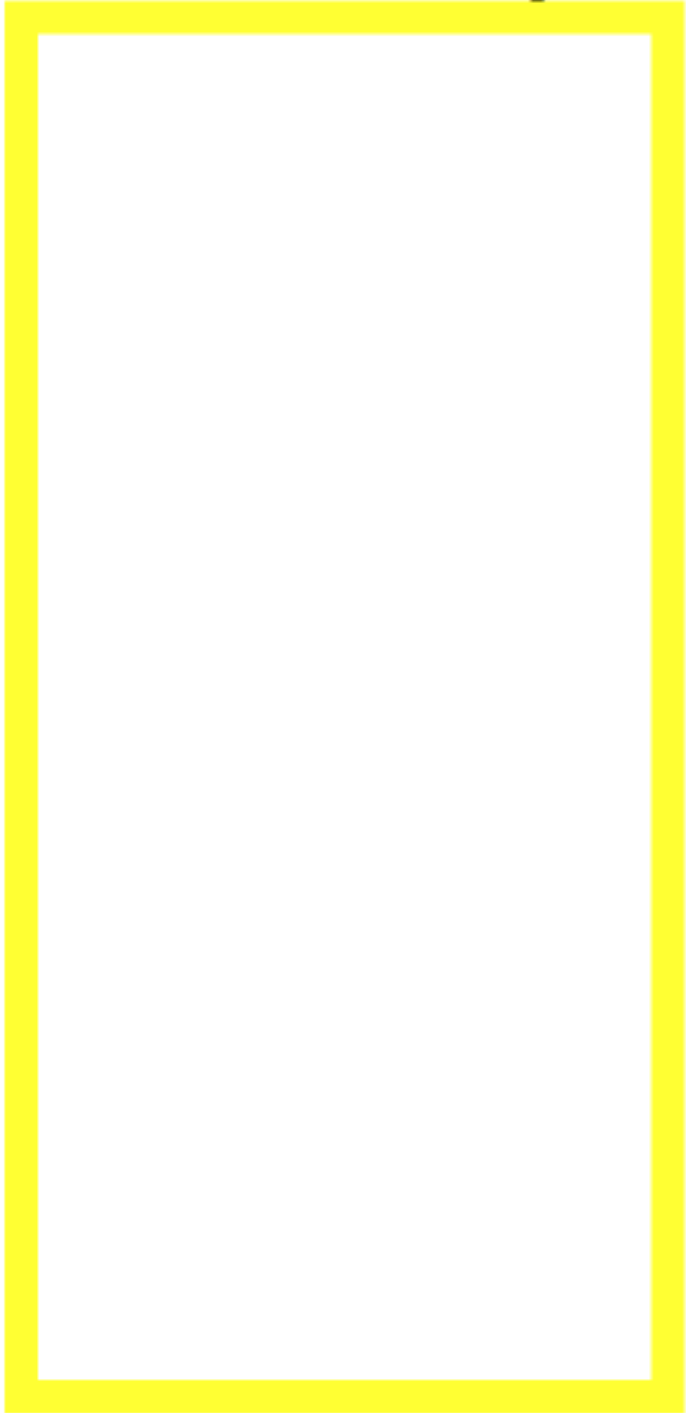
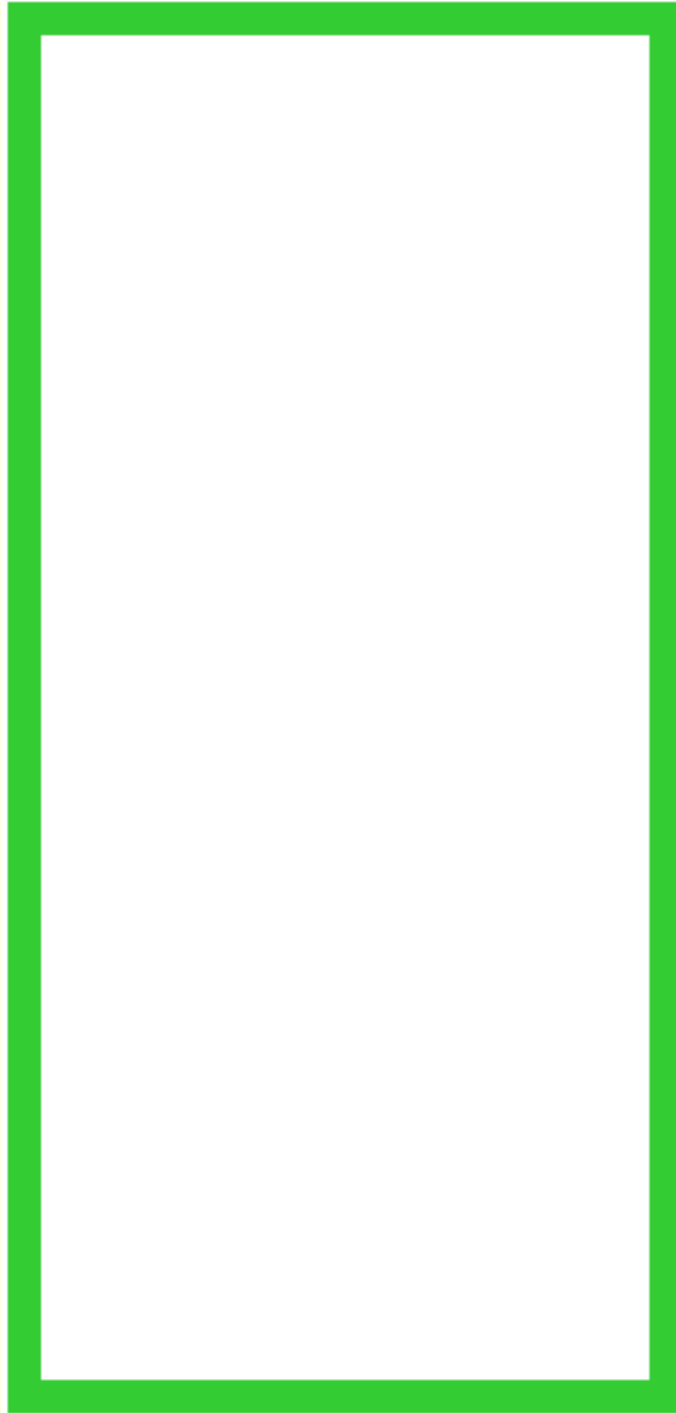


Get Ready

Do

Done

A large, empty rectangular box with a thick yellow border, occupying the left third of the page. It is intended for notes or tasks related to the 'Get Ready' phase.A large, empty rectangular box with a thick green border, occupying the middle third of the page. It is intended for notes or tasks related to the 'Do' phase.A large, empty rectangular box with a thick red border, occupying the right third of the page. It is intended for notes or tasks related to the 'Done' phase.