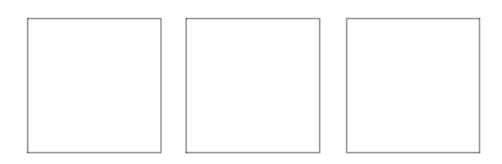
Break Card

I am feeling upset, I need to calm down.
What do I do?



fold and glue

I will	
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Choose you examples