

# Nervous Giggling

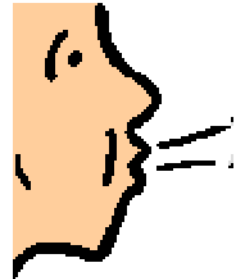
Sometimes at school, I giggle when I feel nervous.



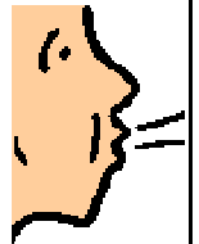
When I giggle, I need to stop.



When I giggle, I need to take a big breath.



I need to take 5 big breaths.



My teacher is happy when I stop giggling.

